Church of England and Catholic Primary School

Travelling together with Jesus



# **RSHE**

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Physical Children focus on their hands, others' eyes and faces	Social Children compare the body parts from the physical section. Comparison of similarities and differences	Intellectual Happy and sad feelings	Emotional Become sensitive to facial expressions	Spiritual Focus on the wonders of God's world	
Reception	Physical Does if matter if we are all different? Look at me- How am I different from you? Look at you-How are you different from me?  Ten Little Pirates	Social With whom do I play with at school/home? Why does x play with me? Name favourite games Blue Chameleon	Intellectual Is it important to have friends? Describe a good friend Mummy, mama and me	Emotional How do you feel about your friend? Do you both have other friends at school/home? Why do you play with them? The Family Book	Spiritual Is Jesus our friend? Read the story 'Jesus welcomes the Little Children' and talk about children being special to God. Hello Hello	You Choose

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# **RSHE**

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Physical -Who is in my family? -How many children have babies in their family? -Babies come in different sizes -Babies change and grow at a fast pace.  Elmer	Social Ways of helping and caring at home. Going to the Volcano	Emotional Sharing of emotions in the family.  Want to play trucks?	Intellectual Why do we need to grow up in families? Hair-it's a family affair Healthy Eating and exercise taught through Jigsaw (Healthy Me)	Spiritual We are members of God's family  Max the Champion  Healthy Teeth	Errol's Garden

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# **RSHE**

Year 2	<u>Physical</u>	<u>Social</u>	<u>Emotional</u>	Intellectual	<u>Spiritual</u>	All are Welcome
i cai z	-Do you belong to a	-Is belonging to a	-How does a	-Could people feel	-If God is called 'Our	
	community?	community	community help us to	alone even though	Father' what does	
	-What other	important?	develop our feelings	they belong to a	that make us?	
	community do you	-What do we receive	and emotions?	community?	-As children of God	
	belong to?	from the community	-Are we always happy	-What would they	how should we treat	
	-How do you belong	we belong to?	in our community?	miss out on?	each other?	
	to these	-What do we give to	-Are we, as a	-What are the		
	communities?	the community we	community,	advantages of being	The Great Big book of	
		belong to?	sometimes sad or	on your own?	families	
	Super Dooper You		upset?			
		How to be a Lion		Amazing	Mental Health-The	
	Healthy Eating taught		What the Jackdaw		Boy, the mole, the fox	
	through science		saw	Healthy Eating and	and the horse	
				nutrition taught		
				through Jigsaw		
				(Healthy Me)		

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# **RSHE**

Year 3	<u>Physical</u>	<u>Social</u>	<u>Emotional</u>	<u>Intellectual</u>	<u>Spiritual</u>	We are all wonders
i cai 5	-Who takes care of	-How do I keep myself	-How do you feel	-Can you recognise	Read or sing the story	
	me?	safe?	when a friend is not	the difference	of Zacchaeus who was	First Aid-Making an
	-How do I look after	-How do I help others	there for you?	between being alone	an outcast. Jesus	emergency call and
	myself? E.g. safety,	to make and keep	-How do your friends	and being lonely?	accepted him as a	head injury
	crossing road, healthy	friends?	feel when you are not	-To recognise the	friend, welcomed and	
	eating	-How do I take care of	there for them?	need for personal	forgave him.	
	-How am I changing?	others?	-How can you be a	privacy. E.g. personal	-How can I forgive and	
			more supportive	space	include others as	
	The truth about old	Beegu	friend?		Jesus did?	
	people			The Hueys	-Recognise what I like	
			Planet Omar		about my friends.	
	Healthy Eating taught			Healthy Eating taught		
	through science			through Jigsaw	Suitcase	
				(Healthy Me)		
					Mental Health-The	
					Voices in my head	

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# **RSHE**

Year 4	<u>Physical</u>	<u>Social</u>	<u>Emotional</u>	<u>Intellectual</u>	<u>Spiritual</u>	When sadness come
icai +	-Recognise that all	-How do I learn to	-How do I appreciate	-Can I identify and	-St Paul's teaching on	to call
	pupils grow and	accept and celebrate	my own gifts, talents,	name my feelings?	love	
	develop at a different	who I am?	achievements and all	-Do I know and		First Aid-Making an
	rate	-How do I accept	that makes me	understand what	Aelfred and Albert	emergency call and
	-Name the different	difference in others?	unique?	these feelings are?		asthma
	male and female body	-How do I deal with	-How do I appreciate	-How do I deal with	Healthy Teeth	
	parts and introduce	difference and	others and the gifts	what I feel, and can I		
	their various functions	manage the conflicts	they have been given?	analyse my feelings		
	-Identify the	that arise?	-How do I deal with	and actions?		
	development of the		the natural, negative			
	oconbaby in the	Along came a	emotions that present	King and King		
	womb	Different	themselves?			
				Mental Health taught		
	Julian is a mermaid		Dogs don't do ballet	through Jigsaw		
				(Healthy Me)		
Year 5	Social and	Emotional	<u>Spiritual</u>	Physical and	Intellectual	The Girls
icai 5	-Recognise behaviour changes as we grow up.		Sharing the wonder of	-Identify and celebrate the ways I have		
	Expectations are diff	ferent and are often	change	changed s	since birth	First Aid-Making an
	dependent on our exp	eriences, treatment by		-Discuss the external	and internal changes	emergency call and
	others, and our view of	the world in which we	Mixed	which happen to boy	s and girls in puberty	bleeding
	liv	/e				
	-Reflect on ways to bed	come more sensitive to	Sun Safety			
	the emotional develo	pment of oneself and				
	oth	ers.				

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### **RSHE**

#### EYFS Curriculum Overview

	Rose Blanche	Kenny lives with Erica		How to heal a broken wing  Healthy Eating taught through Jigsaw- (Healthy Me)	And Tango makes 3	
Year 6	Physical Conception of human life The Island	Emotional Development of relationships King of the Sky	Social Recognising signs of love expressed around us The Only Way is	Spir	tual and itual begin through the love e for one another	A Day in the Life of Marlon Bundo  First Aid-Making an emergency call and choking
			Badger	Leaf  Mental Health taught through Jigsaw (Healthy Me)	Introducing Teddy	Healthy Eating taught through science.

Journey in Love-blue

No Outsiders books-pink

First Aid-yellow- St John Ambulance resources

Healthy teeth, healthy eating, sun safety and mental health

(Healthy eating will be taught through science lessons and the Jigsaw topic (Healthy Me)

Mental Health will be taught through Jigsaw topics and through two additional books. In addition, Mental Health week and NSPCC resources will be used.

Sun Safety-Sun Safe School resources

Healthy Teeth-Oral Health Foundation resources