

***Mission Statement***

*We are friends journeying with Jesus in faith, hope and trust as we live, love and learn together*

**Signs and Symptoms of ADHD**

The signs and symptoms of ADHD in children and teenagers are well defined and they're usually noticeable before the age of 6. They occur in more than one situation, such as at home and at school.

|  |  |
| --- | --- |
| **Sign or symptom** | **Yes / No** |
| **Inattentiveness - the main signs are:** |  |
| Short attention span |  |
| Easily distracted |  |
| Careless mistakes |  |
| Appearing forgetful or losing things |  |
| Being unable to stick to tasks that are tedious or time-consuming |  |
| Appearing to be unable to listen or carry out instructions |  |
| Constantly changing activity or task |  |
| Having difficulty organising tasks |  |
|  |  |
| **Hyperactivity and Impulsiveness - the main signs are:** |  |
| Being unable to sit still, especially in calm and quiet surroundings |  |
| Constantly fidgeting |  |
| Being unable to concentrate on tasks |  |
| Excessive physical movement |  |
| Excessive talking |  |
| Being unable to wait their turn |  |
| Acting without thinking |  |
| Interrupting conversations |  |
| Little or no sense of danger |  |
|  |  |

Information from NHS: <https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd/symptoms/>